

# Discover the Posey® “Heeling” Power



Pillow Solution



VS. PRO-heelLx® Solution

*“Heel offloading devices solve most problems associated with pillow offloading and are more efficient because the devices stay in intimate contact with the foot and lower leg and can remain in place 24 hours a day.”*

**Fowler, E., Scott-Williams, S., McGuire, J.**

*Practice Recommendations for Preventing Heel Pressure Ulcers, Ostomy Wound Management 2008;54(10):42-57*

*“While the overall average hospital stay is five days and costs about \$10,000, the average pressure ulcer related stay extends to between 13 and 14 days and costs between \$16,755 and \$20,430, depending on the medical conditions.”*

Guidelines for the Prevention and Management of Pressure Ulcers, WOCN 2010



The Posey PRO-heelLx® is designed to float the heels above the bed surface and helps protect against heel pressure ulcers.

- Durable straps help with foot drop functionality.
- 2” heel lift helps isolate the heel and the large opening helps ensure adequate ventilation and cooling of the heel and eases patient monitoring.
- Small, medium and large sizes available to customize fit any patient type.
- The outer fabric is made of breathable nylon, allowing moisture and heat to migrate away from the foot.
- Ortho-Wick™ inner-liner material for moisture management and patient care and comfort.
- Optional Stabilizer Wedge helps prevent complications related to lateral rotations of the foot.



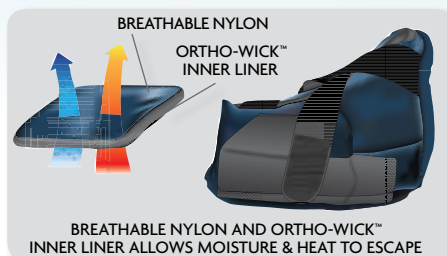
**PRO-heelLx®**  
Prevention on. Pressure off.



2” HEEL LIFT



THREE SIZES AVAILABLE



ORTHO-WICK™ INNER LINER



DURABLE STRAPS

To request a Posey Catalog or speak with an associate, call 1.800.44.POSEY (76739) or visit us online at Posey.com

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# PRO-heeLx® Application Instructions

## Proper application of PRO-heeLx Pressure-Relieving Heel Protector



Place foot inside



Firmly attach two side straps



Criss-cross and attach two upper straps



PRO-heeLx properly strapped

## Alternative application of PRO-heeLx



Attach two upper straps along the side of the boot



PRO-heeLx properly strapped along the side

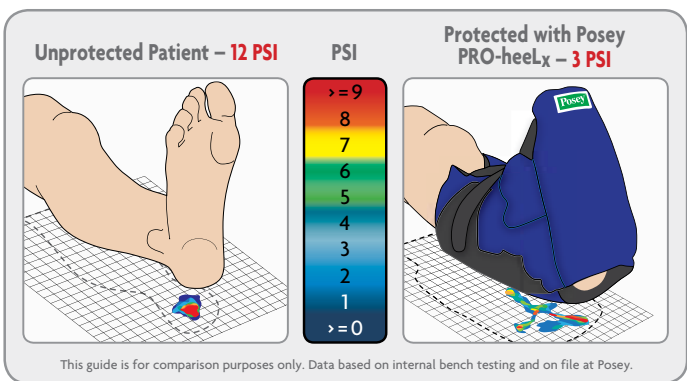
## Proper placement of Intermittent Pneumatic Compression (IPC) tubing in the PRO-heeLx



**Correct Placement**

Place the sleeve inside the PRO-heeLx and the tubing through the side of the boot through the cross straps.

Pressure Test Results Show Significant Heel Pressure Relief



Cat.	Description
6218S	Small
6218	Medium
6218L	Large
6219	Stabilizer Wedge